Attendance/Timeliness Policy
We expect all students to be at all class meetings, attendance is required for successful completion. Missing any meeting or outing will result in loss of credit for the class.

The instructors have planned the course to use the entire class time. You are expected to be on time and ready to participate at the beginning of each day.

This is a participation based class, and cell phones have proven detrimental to students’ ability to participate fully in our courses. As a result, no cell phone use will be allowed during class. Failure to recognize this policy or a failure to participate actively in the class may result in loss of credit for the course based on lack of participation in the activity.

Topics Covered
- Safety policies and emergency procedures
- Basic use and care of winter equipment
- Clothing selection for cold environments
- Cold weather comfort
- Winter camping techniques
- Snowshoe technique for moderate terrain
- Crampon technique for moderate terrain
- Route selection and considerations
- Meal planning for cold environments

Goals:
- Students should have fun and develop an appreciation for winter mountaineering.
- Students should gain an understanding of winter camping and travel skills as identified above.
- Students should learn to take responsibility for their own safety while in a winter environment.
- Students should learn how to properly use and care for equipment in an outdoor, cold weather environment.

Prerequisites:
- Previous backpacking experience